



Response to Cardiff University's research into the use of complementary therapies during fertility treatment 11.07.2007

The British Acupuncture Council (BAcC) welcomes thorough and properly executed studies into the effectiveness of acupuncture on infertility. Research studies show that acupuncture can help improve ovulation and benefit uterine blood flow amongst other factors. These are believed to explain the very significant increases in IVF success when acupuncture is used.

Stress, anxiety and depression are symptoms commonly related to infertility. The research by Cardiff University shows that patients who used complementary therapies had experienced fertility problems for a longer period of time, and therefore had naturally higher stress levels.

Many BAcC practitioners have achieved rewarding results through their fertility related treatments and their successfully pregnant patients are a testament to the fact that acupuncture can help.

The Research Committee of the BAcC has recently launched a research project to explore the role of acupuncture as an aid to fertility, with the aim of developing an appropriate evidence base for the profession as a whole.

<http://www.acupuncture.org.uk/content/news/news.asp?id=53>



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