



IVF and Acupuncture: study published in British Medical Journal 08.02.2008

Head of the British Acupuncture Council Research Committee, Professor Nicky Robinson said:

'The British Acupuncture Council (BAcC) welcomes the preliminary results of a recent systematic review and meta-analysis of 7 trials, involving 1,336 women undergoing IVF. This study suggests that when acupuncture is given in conjunction with embryo transfer, it increases the chance of women becoming pregnant by 65%, in comparison to sham acupuncture or no additional treatment. What this means is that 10 women would need to be treated with acupuncture to bring about one additional pregnancy.'

'It confirms what many of our practitioners and their patients have found, namely that acupuncture can be helpful in this area.'

'At the BAcC, we recognise that our practitioners are treating more and more women for a wide range of fertility issues, including menstrual irregularities and the inability to conceive, and our research committee has a comprehensive research study under way, analysing members' treatment of fertility related conditions.'



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